



„Rowing Academy Ratzeburg“ and Rowing Boarding School Ratzeburg Structures & Objectives

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Larina Hillemann
Coxswain, 17yrs Rowing Boarding School of Ratzeburg

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Rowing in Ratzeburg – Milestones

- 1062 First documentary appearance of the city as „*Racesburg*“
- 1830 Foundation of the first „English Rowing Club“ in Hamburg by english traders
- 1836 Foundation of first german rowing club in Hamburg by german traders
- 1845 Foundation of the „Lauenburgische Gelehrtenschule“



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Rowing in Ratzeburg – Milestones

- 1880 Foundation of first „Students Rowing Club“ in Germany, Rendsburg
- 1896 First Olympic Games of Modern Times
Foundation of the Rowing Team within the Lauenburgische Gelehrtenschule
- 1948 Karl Adam is employed as teacher and is in charge of the schools rowing team



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Rowing in Ratzeburg – Milestones

- 1953 Foundation of „Ratzeburger Ruderclub“
- 1960 Olympic Goldmedal for German M8+
- 1968 Dedication of the „Rowing Academy“
Olympic Goldmedal for M8+

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Lauenburgische
Gelehrtenschule


„Ruderakademie“
The rowing academy

Ratzeburger
Ruderclub

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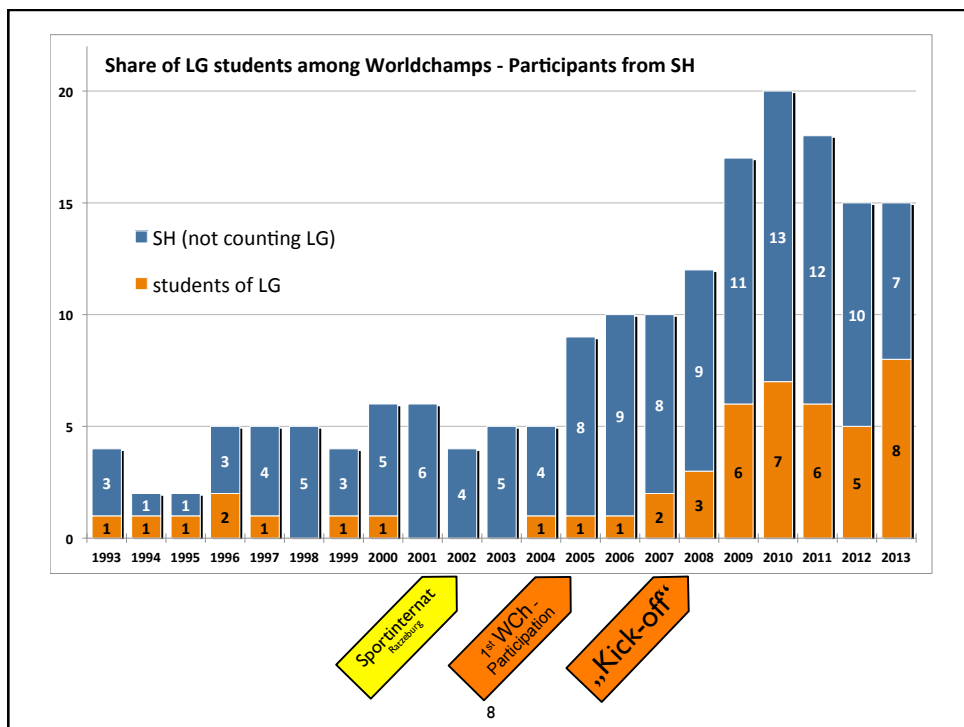
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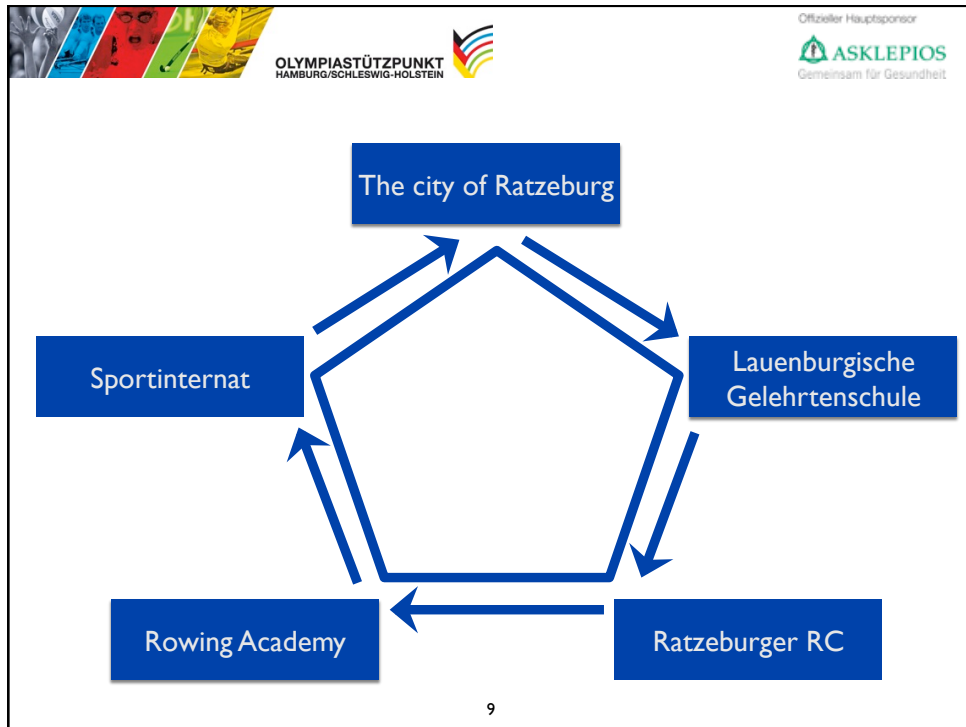
Rowing in Ratzeburg – Milestones

2000	Olympic Goldmedal for Meike Evers W4x
2002	Foundation of the „Sportinternat“
2004	Olympic Goldmedal for Meike Evers W4x
2011	Lauenburgische Gelehrtenschule gets title of „Partnerschule des Leistungssports“
2012	Olympic Goldmedals for Lauritz Schoof M4x and Florian Mennigen M8+



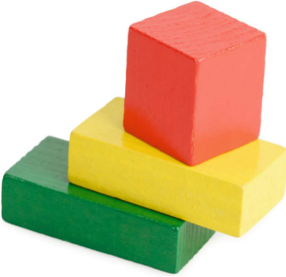
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What does it mean
to row at the „Sportinternat Ratzeburg“?

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- (1) training at an high performance centre
- (2) studying at nearby schools
- (3) being home at the Rowing Academy

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(1) Training at an High Performance Centre


Staff: The Coach

- full – time and highly qualified
- organizes training & competitions and
- is in permanent contact with the educator


Staff: The Educator

- 50% Teacher at the LG
- 50% Head of SIR = Coordinator

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(1) Training at an High Performance Centre


The Staff: Medical Care

- Medical Doctor
- Physiotherapists
- Mental Coach & Sports Psychologist
- Specialists

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(1) Training at an High Performance Centre


The Boats:

- Individual training singles
- Age of top racing boats between 0 – 4 yrs
- Full boat range from 1x to 8+

The Water and Training Facilities:

- Facilities of the “Rowing Academy”
- Lake Ratzeburg & Lake “Küchensee”

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(2) Studying at nearby schools

- Cooperation mainly with LG
- Students are integrated in “normal” classes
- Individual & flexible coordination of school & rowing

(3) Being home at the “Rowing Academy”

- Single room or twin room
- Modern catering
- Costs include full board pension and training

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Pre-Conditions for Applicants and Candidates

- Minimum age for full-time-students: 15 yrs
- Excellent perspective in rowing
- Priority for cadred athletes
- Affirmation by committee

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How to get to know the Sportinternat and
How being scouted ?!

The „Rowing - Projects“ as communication – stimulus
between


- Young athletes with interest and their coaches
- The Rowing Clubs of SH

and

- The Landesruderverband and
- The Head and the coach of the Sportinternat

Or simply by application and expression of interest

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Objectives

**THE greater goal is
to SPOT and to BOOST
YOUNG ROWING TALENTS
with the PERSPECTIVE
on SENIOR ROWING!!!**

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Means

INVOLVING
 most of the clubs in SH
 in youth high performance rowing

OFFERING
 an Environment to be able to achieve both:

- (1) Promising Graduation AND
- (2) Sound Rowing – Formation

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