



**BRIC ONLINE 2020**

**Terms and Conditions of Entry**

## BRIC ONLINE 05/ 06 December 2020

### TERMS AND CONDITIONS OF ENTRY

#### General

1. By entering this competition, I agree to be bound by all Terms and Conditions of Entry. Further rules may apply and will be published on the competition website prior to the competition.
2. By entering and participating in BRIC Online, I agree that I will abide by all British Rowing Regulations and policies including, but not limited to, British Rowing's Codes of Conduct, Anti-Doping Rules (being the UK Anti-Doping Rules), Safeguarding and Protecting Children, and Adults at Risk policies. These can be found here: <https://www.britishrowing.org/about-us/policies-guidance>.
3. BRIC Online is committed to clean sport and believes every rower has a right to take part in the competition knowing they and other competitors are competing clean. All athletes and athlete support personnel who take part in BRIC Online must abide by the World Anti-Doping Agency Code, and British Rowing Anti-Doping Rules which are the UK Anti-Doping Rules. All participants are encouraged to report any information, or suspicions concerning a competitor in breach of the Anti-Doping Rules. To understand more about anti-doping, the rules, your responsibilities, and how to report doping please visit <https://www.britishrowing.org/about-us/governance/anti-doping>.
4. Any reference to 'we', 'us' or 'our' refers to British Rowing Limited, a Company Limited by Guarantee registered in England number 1706271.

#### European Continental Qualifier

5. British Rowing has agreed to host, as part of BRIC Online, the European Continental Qualifier (Continental Qualifier) for the 2021 World Rowing Indoor Championships (WRICH). This competition forms the European Continental Qualifier pathway with an alternative Open Qualification pathway also available for certain race categories. More information about the Open Qualification pathway can be found on the World Rowing website – [www.worldrowing.com](http://www.worldrowing.com)

6. The following race categories are included in the Continental Qualifier:

**Group I:** The fastest two at the Continental Qualifier from each race category will qualify for the WRICH Final in that same category.

- Open Men 2000m
- Open Women 2000m
- Lwt Men 2000m
- Lwt Women 2000m

- U23 Men 2000m
- U23 Women 2000m
- U19 Men 2000m
- U19 Women 2000m
- Lwt Men 500m
- Lwt Women 500m
- Open Men 500m
- Open Women 500m
- U23 Men 500m
- U23 Women 500m
- U19 Men 500
- U19 Women 500m

**Group 2:** The fastest at the Continental Qualifier from each race category will qualify for the WRICH Final in that same category.

- PR1 Men 2000m
- PR1 Women 2000m
- PR2 Men 2000m
- PR2 Women 2000m
- PR3\* Men 2000m
- PR3\* Women 2000m
- U23 Lwt Men 2000m
- U23 Lwt Women 2000m
- U23 Lwt Men 500m
- U23 Lwt Women 500m
- Masters (age groups 30-100+) Men 2000m
- Masters (age groups 30-100+) Women 2000m
- Masters (age groups 30-100+) Lwt Men 2000m
- Masters (age groups 30-100+) Lwt Women 2000m

\*see point 48 for further specifics.

World Rowing reserves the right to change the race categories offered at the WRICH, as well as the qualification pathways for any race category, after consultation with the Continental Qualifier organisers but before 1 November 2020, therefore prior to the start of Qualification for the WRICH. Competitors will be notified by email of any changes.

7. Competitors will be able to opt-in to the Continental Qualifier when making their entry to BRIC Online. Competitors will be asked to submit documentation (copy of passport or national ID card) to show nationality, gender and age to prove eligibility to the competition. This will be done via a secure online form, the link to which will be included in the entry confirmation email.

8. Any competitors who opt-in to the Continental Qualifier will also be eligible to win the European Rowing Indoor Championships 2021 (ERICH), as well as BRIC Online 2020, if competing in the following race categories:

- **2000m Open Events**
  - Senior (OPEN) Men
  - Senior (OPEN) Women
  - Senior Lightweight Men
  - Senior Lightweight Women
  
- **2000m Para Rowing Events**
  - Men PR1
  - Women PR1
  - Men PR2
  - Women PR2
  - Men PR3\*
  - Women PR3\*

\*see point 48 for further specifics

The fastest three in these race categories will also receive an ERICH 2021 winner's medal.

### **Live Racing**

9. Racing will take place over 2,000m and 500m. Individual events are offered as follows: Men's and Women's, further subdivided into:

- Under 23
- Open (open to anyone aged 18+)
- Lightweight (A competitor is a Lightweight if their weight does not exceed 75 kg (Men), 61.5 kg (Women) and aged 18+ on the day of competition)
- Masters (aged 30+) age categories

10. Adaptive and Para (open to anyone 18+) events are offered and will race over 2,000m, 4 minutes and 1 minute. (See point 45 for more information).

11. Junior/Junior Adaptive categories offered will be raced as follows:

- Year 7 / J12: 2 minutes
- Year 8 / J13: 3 minutes
- Year 9 / J14: 4 minutes
- Year 10 / J15: 5 minutes
- Year 11 / J16: 6 minutes
- Sixth form / J17 & J18: 2,000m

For more information on Junior categories in relation to the Continental Qualifier please see point 37.

12. Team Relays (Fours) will consist of one round of 1km for Adult/Adaptive (each competitor will row approximately 1km each) and 2 minutes for juniors (each junior will row for 2 minutes), teams are to be made up of four people. The following relay categories will be offered;

- a. Junior Men's/Women's/Mixed - Junior teams can be made up of a mix of juniors from Year 7 to Sixth Form.
- b. Men's/Women's/Mixed - Adult teams can be made up of adults of any age / weight categories.
- c. Adaptive – Adaptive teams can be made up of any combination of adaptive athletes.

**Note:** A mixed team must be made up of two males and two females.

13. Only one member of the relay team needs to enter on behalf of the whole team. That person, the captain, is deemed to have signed the entry waivers on behalf of all four relay team members and must ensure they have read and agree to comply with these Terms and Conditions of Entry.

13b. The captain of the winning relay teams also takes responsibility for distributing the winner's medals to their team members. These will be sent out at the same time as the individual winner's medals in one package.

14. Racing will take place over two days with all 2km events taking place on Saturday 5 December and all other events taking place on Sunday 6 December.

15. It is expected that racing on Saturday 5 December will be scheduled in the following order:

- Masters Individual 2km Events
- Junior (U19)/Adaptive Individual 2km Events
- U23 Individual 2km Events
- Open Individual 2km Events

16. It is expected that racing on Sunday 6 December will be scheduled in the following order:

- Masters Individual 500m Events
- Junior (U19) Individual 500m Events
- U23 Individual 500m Events
- Open Individual 500m Events
- Junior/Adaptive Individual Timed Events

- Junior (yr 7-11) Individual 500m Events
- Adult relays
- Junior relays
- Adaptive relays

**Note:** We reserve the right to change the order of racing at any time up to the point at which the race schedule is published. At this time, the schedule is final.

17. All events will run as straight Finals, i.e. each competitor will only row once. Due to entry numbers, some events may be spread over more than one heat. The times from all heats for a single event will be combined to give an overall ranking. We will endeavour to seed the fastest competitors of each event to be in the last heat for each event. To enable this process, competitors are required to submit their expected finishing time or expected distance (Juniors Year 7-11) for each event when entering.

18. Medals will be awarded to the fastest three in each event. Medal winners from non UK postal addresses will be charged an additional fee to cover postage costs. If this applies to you, we will be in touch after the competition to confirm whether you accept the additional cost or choose to waive the right to a medal.

19. If a competitor experiences technical difficulties during the race they may email [bricofficials@britishrowing.org](mailto:bricofficials@britishrowing.org) with a submission of their evidence to prove their race result and the Race Review Panel (RRP) will consider whether their result can be manually added to the final results list (see point 24b regarding recommended evidence for collection). The RRP's decision will be final.

20. If a competitor misses their race for technical reasons they may be able to race in a later race if a place is available but will not be eligible to win a medal or qualify. Their time will be shown on the results as "time only".

Please note: It is possible for competitors racing in different events to share rowing machines, if they live or are competing from the same venue, but British Rowing is not in a position to take account of any equipment sharing when preparing the schedule of racing. British Rowing will not be able to consider any requests for changes to race times once the final schedule is published.

21. No competitor will be allowed to change events on the day of racing. This includes lightweight competitors who do not make their weight (see point 44).

22. The racing schedule will be uploaded onto the BRIC Online page of the British Rowing website after the closing date for entries. Any errors should be notified as soon as possible before race day (see point 30 and 31).

23. Only static Concept2 Indoor Rowers may be used for this competition. Competitors may use the resistance level of their choice, but this cannot be changed during the race.

24a. In the event of anomalies detected in race results, data might be reviewed to determine the outcome. Further evidence of the row might be requested as part of the review (images or video - see advice below). British Rowing strongly recommends that competitors ensure this evidence is collected. Any decisions made by British Rowing will be final.



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24b. Concept2 gives the following advice regarding evidence collection: video evidence should be a single take that includes a close-up of the monitor before the start, a clear view of the competitor and machine throughout the race, and a close up of the monitor after the finish.

## **Entries**

25. A 20% discount on the entry fee will apply for all British Rowing members entering the competition. For the discount to apply you must be a current British Rowing member on the date of purchasing entry.

Team relay entries are not eligible for discounted rates.

British Rowing membership information can be found here:

<https://www.britishrowing.org/join/>

26. BRIC Online is open to all with no qualification requirements, with the exception of adaptive competitors (see point 45). Qualification requirements are in place for the Continental Qualifier and ERICH only (see point 8).

27. Entries must be made through Active Network via the official BRIC online website.

28. Competitors from outside the United Kingdom may enter BRIC Online, but will only be eligible for the Continental Qualifier and ERICH if they meet the eligibility criteria (see point 8). Please see point 18 with regards to non UK winners.

29. Junior Entries (Under 18s) must be made by a responsible adult and with the knowledge and agreement of the Junior's parent/guardian/carer. Entries found not to comply with this term will be removed. Any entrant under the age of 18, or any adult at risk taking part, must be accompanied by a responsible adult, for the duration of their participation

30. Individual entries to BRIC Online, including the Continental Qualifier, will close at 23:59 GMT/UTC on 23 November 2020. No entries will be accepted after this time.

31. It is the competitor's responsibility to ensure all entry details are correct, including checking the entry on the BRIC Online website. Competitors will have the ability to edit their own entry until the close of entries at 23:59 on 23 November 2020. If an error is notified to British Rowing prior to entries closing, we will make all reasonable efforts to rectify this error, however this is not guaranteed. If an error is discovered on race day that renders the competitor ineligible to row in the category in which they had been entered, that competitor will not be able to race.

To notify British Rowing of any entry errors, please email [indoorchamps@britishrowing.org](mailto:indoorchamps@britishrowing.org)

32. If British Rowing makes an error during the entry process, we will make all reasonable efforts to rectify this error as soon as possible after we become aware of it. British Rowing accepts no liability for any errors made by it.



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33. All details specified on the entry form are required for a valid entry. To avoid any disappointment, and in order to allow us to clarify any entry details, please ensure you include a mobile contact number (with country code) and valid email address. Incomplete entries will not be accepted.

34. Entry fees are non-refundable and non-transferable.

35. British Rowing reserves the right to limit the size of entry into any given event, or for the competition as a whole.

36. British Rowing's decision in all matters relating to the BRIC Online is final. No correspondence will be entered into.

### **Junior Rowers**

37. All junior competitors must be between the age of 11 and 18 as of 01/09/2020.

38. Further age banding is as follows:

School Year 7 / J12 = under 12 on 01/09/2020

School Year 8 / J13 = under 13 on 01/09/2020

School Year 9 / J14 = under 14 on 01/09/2020

School Year 10 / J15 = under 15 on 01/09/2020

School Year 11 / J16 = under 16 on 01/09/2020

Sixth Form / J17 and J18 = under 19 on 23/02/2021 (see point 39a for more information)

39a. For the Continental Qualifier there will be an open Junior/U19 Category racing over 2km and 500m. In accordance with the World Rowing Rules of Racing, this category is open to any Junior Rower who has not attained the age of 19 by the date of the relevant category Final in February 2021. Those entering this category should check the date of each category's final between 23-27 February 2021 on the event page on [www.worldrowing.com](http://www.worldrowing.com). If a Junior competitor (Year 7-11) chooses to take part in the Continental Qualifier 2km and 500m events, they will race in the Sixth Form/U19 category and will not be eligible for medals in their age group category.

39b. British Rowing strongly recommends that Junior rowers follow the "How Much, How Often" guidance published for Junior rowers, and would recommend that rowers who are J14, J13, J12 and J11 enter the timed races on Sunday 6 December as part of the BRIC Online programme.

### **Masters Rowers**

40. To aid the Continental Qualifier process, the age of the competitor is the age they will be on 23 February 2021, the date of the final of the World Indoor Rowing Championships 2021.

41. The Masters events will have the following age categories; 30-39, 40-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

### **Lightweight Rowers**

42. Lightweight events will be offered in the Under 23, Open and Masters events only. Any competitors under the age of 18 may not enter lightweight events.

43. The Lightweight limit is not more than 75 kg for men and not more than 61.5 kg for women.

44a. Lightweight competitors will be required to submit a photo of their weigh-in on scales at home with weight reading visible along with a date (this could be by including a newspaper or the home screen of a phone showing the date) on the day of competition.

44b. Lightweight competitors who do not make their weight or are unable to confirm weight as per point 44a will be able to race. Results will be listed but they will not be placed and not eligible for medals. Their time may be included in the Concept2 Ranking as a heavyweight time.

Note on World Records: Competitors who believe that they may break a world record during either the qualification or final race phase of the WRICH should contact Concept2 in advance of competing to indicate this possibility. In addition to following all of the score verification protocols (as outlined on [Concept2's website](#)), lightweights must be weighed-in no earlier than two hours before their race, under independent supervision, on approved scales. Using personal scales with a family member present will not count. Weigh-in should satisfy the same level of scrutiny as at a physical indoor rowing competition. Competitors should contact Concept2 in advance of competition in order to ensure that their planned weigh-in strategy is approved and would be accepted by Concept2.

### **Adaptive Rowers**

45. All competitors with a physical, sensory or learning impairment entering the Adaptive events will be expected to submit documentation to support their chosen classification, or proof of current classification, prior to entries closing at 23:59 GMT/UTC on 23 November 2020. Submission will be via a secure online form, the link to which will be included in the entry confirmation email.

Any competitor that does not provide this evidence in advance of the deadline will be given the opportunity to race in the AR3-Open event only.

46a. Competitors previously unclassified, those holding national classifications or those who have completed other categorisation processes (eg Invictus categorisation) will have their evidence verified by a British Rowing Classifier ahead of the competition. By submitting your evidence on the secure online form you are agreeing to share this data with the British Rowing Classifier for the purposes of classification.

46b. British Rowing acknowledges that, due to the virtual nature of the competition, the classification given to a competitor is valid for BRIC Online only.

47. British Rowing has the right to move a competitor into a different class if deemed appropriate, based on the evidence submitted by the competitor. This could include being moved from a PR (International) classification to an AR (National) classification.



48. Only competitors who hold a World Rowing International Para Rowing classification (PR1, PR2, PR3 with the exception of PR3-LD) who take part in the 2km will be considered for the Continental Qualifier, if they have opted-in on the entry form and met the eligibility criteria for that competition. PR3-LD competitors will be moved into the equivalent AR classification.

For more information about Adaptive entries, and a more detailed list of classifications, please see the Adaptive Classification Guidance document. Any further enquiries can be directed to [classification@britishrowing.org](mailto:classification@britishrowing.org)

## **Merchandise**

49. Merchandise will be available to purchase at point of entry. The following items will be available:

- BRIC Online t-shirt
- BRIC Online wooden coaster medal
- British Rowing Indoor Rowing subscription

50. British Rowing will not cover the cost of overseas postage and packaging of merchandise. This item will be available to purchase at point of entry (Non UK Shipping Fee). It is recommended that all overseas competitors purchasing an item of merchandise purchase this additional item to cover the postage of that merchandise overseas.

Please note merchandise purchased at point of entry is done so on a pre-order basis. British Rowing does not guarantee that you will receive your merchandise in advance of the competition.

51. Due to the nature of the competition British Rowing is unable to offer exchanges on any merchandise purchased. Refunds will be considered on an individual basis, please contact [indoorchamps@britishrowing.org](mailto:indoorchamps@britishrowing.org) after the competition if this is deemed necessary.

Mizuno sizing chart:

## SIZE CHART

### INLINE SIZE CHART

| MIZUNO MAN    | CHEST   | WAIST   | HIPS    | HEIGHT  |
|---------------|---------|---------|---------|---------|
| XXS           | 75-82   | 63-68   | 78-83   | 159-163 |
| XS            | 83-88   | 69-74   | 84-89   | 164-168 |
| S             | 89-94   | 75-80   | 90-94   | 169-173 |
| M             | 95-100  | 81-86   | 95-100  | 174-178 |
| L             | 101-106 | 87-92   | 101-106 | 179-183 |
| XL            | 107-112 | 93-98   | 107-112 | 184-188 |
| XXL           | 113-118 | 99-104  | 113-118 | 189-193 |
| XXXL          | 119-124 | 105-110 | 119-124 | 194-198 |
| MIZUNO WOMEN  | CHEST   | WAIST   | HIPS    | HEIGHT  |
| XS            | 77-82   | 58-63   | 83-88   | 157-162 |
| S             | 83-88   | 64-69   | 89-94   | 162-167 |
| M             | 89-94   | 70-75   | 95-100  | 167-172 |
| L             | 95-100  | 76-81   | 101-106 | 172-177 |
| XL            | 101-106 | 82-87   | 107-112 | 177-182 |
| XXL           | 107-112 | 88-93   | 113-118 | 182-187 |
| MIZUNO JUNIOR | CHEST   | WAIST   | HIPS    | HEIGHT  |
| 116           | 58-61   | 55-56   | 62-64   | 110-116 |
| 128           | 62-64   | 57-58   | 65-69   | 116-128 |
| 140           | 65-71   | 59-64   | 70-77   | 128-140 |
| 152           | 72-79   | 65-68   | 78-83   | 140-152 |
| 164           | 80-86   | 69-72   | 84-89   | 152-164 |

Please be aware that the sizing for inline products and bespoke product is slightly different. This is dependent on the sport and activity the customer requires the product for. Mizuno recommends that the customer tries on the product before placing the order. Sizing samples can be arranged by contacting your Mizuno Sales Representative.

## Photography / Videography / Live Streaming

52. British Rowing may use photographs and videos of the event may be used on its websites and social media channels including streamed live on the event day or shared with the media, press and British Rowing Partners. Any use of photography, video and live images involving juniors or adults-at-risk will be in accordance with the British Rowing 5.1 Photography and Use of Imagery Policy and 5.4 Online Safety and Social Media Policy for which is accessible here - <https://www.britishrowing.org/wp-content/uploads/2020/10/WG.-5.4-Online-Safety-2020-October.pdf>.

53. Competitors and those responsible for them should be aware that it is possible that there may be unauthorised live-streamed video and images during and post-event over which British Rowing has no control and that unauthorised photographs or videos over which British Rowing has no control may be used in print, digital media or elsewhere.

54. Coaches, responsible adults and competitors agree that by entering competitors they have made the competitors and their parents/carer (where in loco parentis) aware of and understand the above two paragraphs.

55. More information can be found here:

<https://www.britishrowing.org/about-us/safeguarding/guidance-documents>

(See Section 5).

### **Equipment/ set-up**

56. Competitors will need to provide all equipment needed to compete in this competition. This will include, static Concept 2 Rowing machine with updated PM3, PM4 or PM5 monitor (details on how can be found on the Concept 2 [website](#)) calibrated for use on the model connected to. A USB A to B cable, Compatible Windows or MacOS Laptop/ Computer with Chrome Browser installed. The ability to install/use a 3rd party communication system as backup in the event of failure of built in race system communication. A stable internet connection.

### **League Racing**

57. The BRIC Online League is a free-to-enter competition running from Monday 30 November until Sunday 06 December. It is open to submissions over 2km, 500m and team relay events on all types of rowing machine.

58. Entry to the BRIC Online League is via the Resport platform the link to which will be made available in advance of the league opening.

59. All submissions will be entered on a leaderboard but will NOT be eligible for inclusion in the BRIC Online Live competition, Continental Qualifier or European Indoor Rowing Championships.

### **Data**

60. You hereby give permission to British Rowing, its partners, representatives, employees, stakeholders and agents to use photographs, publicly display your name and race data or the name and race data of the competitor you are entering during the event. In addition, you give permission to the said entities for data to be collated, analysed and for the results of that analysis to be publicly displayed – whether that is data relating to you or the competitor you are entering. In signing the Conditions of Entry Waiver, you release any claim to such photographs, video footage and race data and agree that it may be used by British Rowing for promotional purposes and analysis, on the event day or in the future. More information can be found here: <https://www.britishrowing.org/about-us/policies-guidance/privacy-policy-and-cookies-policy>.

61. All sensitive and confidential information submitted by all competitors, including junior entrants and adults at risk entrants, such as passport / identification information, classification information and competitive information, will only be handled by British Rowing staff or volunteers who have been recruited in accordance with British Rowing's Safer Recruitment Guidance who have read and signed the 'Safe Handling of Confidential Information' guidance. <https://www.britishrowing.org/about-us/safeguarding/guidance-documents/>

### **Important Medical Recommendation**



62. If you feel unwell, have recently been suffering from a virus or are on medication for acute illness, we recommend that you do not take part in BRIC Online. Participation in the competition is at your own risk. Always consult your doctor before starting any exercise programme or challenge. British Rowing shall not be liable for any damages or injuries, however caused, occurring during or after taking part in the competition.

### **Further Medical Guidance;**

- If you do not feel well then do not exercise.
- If something is making you feel unwell then stop doing it.
- National Health Services and medical providers are busy at the moment as a result of Covid-19, take care not to add to their burdens.
- Social Distancing guidelines as issued by your Government or local Council should be adhered to at all times. If this is not possible, do not participate.
- In preparing for the competition, try to make progressive small improvements in performance rather than deliver a maximum effort.
- Exercise regularly and acclimatise yourself to physical activity.
- It is OK to control your workouts so that you can deliver peak performance for the competition but remember that good performances take time and they result from careful planning and training.

For further guidance, please consult the following:

[Safety alerts – Indoor Rowing](#)

[Adaptive Rowing](#)

[Rowing and Backs](#)

[Rowing and pregnancy](#)

### **Waiver**

By entering any of the BRIC Online race categories you confirm that you understand that participation in the competition involves risks of injury, as well as loss of or damage to property. Your decision to participate or to enter a Junior participant in the competition is made in full recognition of these risks and is entirely voluntary.

In consideration of your acceptance of the entry form, you agree that neither British Rowing Ltd, its partners their respective directors, officers, employees, representatives, agent successors and assigns are not liable for any injury, loss, claim, or damage to the health, wellbeing or property of any participant or anyone else caused by or arising out of participation in BRIC Online.

### **Jurisdiction**

These Terms and Conditions of Entry are governed by and construed in accordance with the laws of England and Wales and any disputes arising under them shall be subject to the exclusive jurisdiction of the courts of England and Wales.